

Top 10 Tips – Energy saving tips

Supplied by: Daventry & District Housing



1. Check your gas and electricity tariff. Visit the OFGEM (office of Gas & Electricity Market) comparison website to make sure your tariff is the most appropriate for your circumstances.
2. Dodge the draught! Fit draught-excluders to your front door, letter box and key hole, and draw your curtains at dusk to keep the heat in.
3. Don't leave your phone on charge all night. It only needs three hours – and try not to leave the TV and other electrical items on stand-by.
4. Turn your heating down by 1 degree. You'll hardly notice the change in temperature, but it'll make a big difference to your heating bill.
5. When boiling water, only fill the kettle with as much as you'll actually use (but make sure you cover the metal element at the base).
6. Keep the oven door shut as much as possible; every time you open it, nearly a quarter of the heat escapes.
7. Wait until you have a full load before putting on a wash. Two half-loads use more energy (and water) than one full load.
8. Catch 'em young. Encourage your children to switch off electric toys and lights that they're not using. They'll soon get the hang of saving energy.
9. Be a friend to your freezer. Defrost it regularly to help it run more efficiently
10. Give your clothes a day in the sun; and give your tumble drier a break. Clothes dried in the fresh air feel great, and there are drying days in winter, too.

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